

# BREAKFAST AND HOT LUNCH MENU – OCTOBER 2017

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| <p><b>2 Breakfast -</b><br/>Cold Cereal / Banana Bread<br/>Applesauce<br/><b>LUNCH</b><br/>Hot Dog on Bun<br/>Baked Beans<br/>Green Beans<br/>Grapes<br/>Milk</p>                                      | <p><b>3 Breakfast -</b><br/>French Toast/Syrup<br/>Pears<br/><b>LUNCH</b><br/>Turkey Wrap<br/>Chips<br/>Broccoli/Ranch Dip<br/>Peaches<br/>Milk</p>                                   | <p><b>4 Breakfast -</b><br/>Chicken/Cheese Biscuit<br/>Peaches<br/><b>LUNCH</b><br/>Hamburger on Bun<br/>Sweet Potato Fries<br/>Corn<br/>Banana<br/>Milk</p>   | <p><b>5 Breakfast -</b><br/>Breakfast Pizza<br/>Applesauce<br/><b>LUNCH</b><br/>Spaghetti<br/>Cheese Stick<br/>Green Beans<br/>Oranges<br/>Milk</p>                     | <p><b>6</b></p> <p><b>NO SCHOOL</b><br/><b>Teacher's Institute</b></p>  |
| <p><b>9</b></p> <p><b>NO SCHOOL</b><br/><b>Columbus Day</b></p>  | <p><b>10 Breakfast -</b><br/>Pancake on a Stick/Syrup<br/>Peaches<br/><b>LUNCH</b><br/>Breaded Chicken<br/>Garlic Mashed Potatoes<br/>Broccoli<br/>Strawberries<br/>Roll<br/>Milk</p> | <p><b>11 Breakfast -</b><br/>Breakfast Taco<br/>Pears<br/><b>LUNCH</b><br/>Chicken Fajita Wrap<br/>Rice<br/>Juice<br/>Kiwi<br/>Milk</p>                        | <p><b>12 Breakfast -</b><br/>Breakfast Sliders<br/>Mixed Fruit<br/><b>LUNCH</b><br/>Taco/Fritos<br/>Refried Beans<br/>Cheese/Lettuce/Salsa<br/>Apple<br/>Milk</p>       | <p><b>13 Breakfast -</b><br/>Cold Cereal<br/>Super Bun<br/>Applesauce<br/><b>LUNCH</b><br/>Pizza Stick w/ Marinara<br/>Lettuce Salad<br/>Pineapple<br/>Animal Crackers<br/>Milk</p> |
| <p><b>16 Breakfast -</b><br/>Cold Cereal<br/>Muffin<br/>Applesauce<br/><b>LUNCH</b><br/>Corn Dog Nuggets<br/>Macaroni &amp; Cheese<br/>Peas<br/>Mixed Fruit<br/>Milk</p>                               | <p><b>17 Breakfast -</b><br/>Waffles/Syrup<br/>Peaches<br/><b>LUNCH</b><br/>Ham &amp; Cheese on Bun<br/>Au gratin Potatoes<br/>Green Beans<br/>Blushing Pears<br/>Milk</p>            | <p><b>18 Breakfast -</b><br/>Sausage/Biscuit<br/>Mixed Fruit<br/><b>LUNCH</b><br/>Chicken Alfredo<br/>Broccoli<br/>Blueberries<br/>Roll<br/>Milk</p>           | <p><b>19 Breakfast -</b><br/>Breakfast Bagel<br/>Applesauce<br/><b>LUNCH</b><br/>Nacho Chips/Meat &amp; Cheese<br/>Corn<br/>Refried Beans<br/>Fruit Slushy<br/>Milk</p> | <p><b>20</b></p> <p><b>NO SCHOOL</b></p>  |
| <p><b>23 Breakfast -</b><br/>Cold Cereal /<br/>Apple Breakfast Bar<br/>Applesauce<br/><b>LUNCH</b><br/>Chicken Nuggets<br/>Garlic Mashed Potatoes<br/>Green Beans<br/>Fruit Smoothy<br/>Milk</p>       | <p><b>24 Breakfast -</b><br/>Pancakes/Syrup<br/>Pears<br/><b>LUNCH</b><br/>BBQ Rib on Bun<br/>Vegetarian Beans<br/>Carrots<br/>Peaches<br/>Milk</p>                                   | <p><b>25 Breakfast -</b><br/>Cheese Omelet/Toast<br/>Pineapple<br/><b>LUNCH</b><br/>Mexican Tatar Tot Casserole<br/>Corn<br/>Mixed Fruit<br/>Roll<br/>Milk</p> | <p><b>26 Breakfast -</b><br/>Breakfast Pizza<br/>Pears<br/><b>LUNCH</b><br/>Turkey Roast in Gravy<br/>Mashed Potatoes<br/>Green Beans<br/>Peaches<br/>Roll<br/>Milk</p> | <p><b>27 Breakfast -</b><br/>Cold Cereal / Super Bun<br/>Mixed Fruit<br/><b>LUNCH</b><br/>Pizza<br/>Lettuce Salad<br/>Mandarin Oranges<br/>Rice Krispy Treat<br/>Milk</p>           |
| <p><b>30 Breakfast -</b><br/>Cold Cereal / Yogurt<br/>Mixed Fruit<br/><b>LUNCH</b><br/>Country Fried Steak<br/>Cheesy Mashed Potatoes<br/>Corn<br/>Orange quarters<br/>Soft Pretzel Stick<br/>Milk</p> | <p><b>31 Breakfast -</b><br/>French Toast/Syrup<br/>Applesauce<br/><b>LUNCH</b><br/>Chili<br/>Cheese/Crackers<br/>Red Peppers<br/>Peaches<br/>Cornbread Muffin<br/>Milk</p>           |  |   |   |

**ALL BREAKFASTS WILL INCLUDE FRUIT JUICE AND MILK. \*\*MENU SUBJECT TO CHANGE\*\* SERVING TIME: 7:45 – 8:00**