

March 2019

Track Practice at Armstrong

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11 TP 3-4:30	12 TP 3-4:30	13	14 TP 3-4:30	15 TP 3-4:30	16
17	18 TP 3-4:30	19 TP 3-4:30	20 TP 3-4:30	21	22	23
24	25 Spring Break - Run on Your Own			26 →	27	28
31						

April 2019

Track Practice at Armstrong

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 TP 3-4:30	2 Tm Salt Fork (Catlin) 4pm	3 TP 3-4:30	4 Tm Rantoul 4:30pm	5 TP 3-4:30	6
7	8 Tm Hooperton 4pm	9 TP 3-4:30	10	11 Tm Rossville 4pm	12 TP 3-4:30	13
14	15 Tm Salt Fork (Catlin) 4pm	16 Tm Rantoul 4:30pm	17 TP 3-4:30	18	19	20
21	22 TP 3-4:30	23 Tm Salt Fork 4pm	24	25 TP 3-4:30	26	27 County at Catlin 9AM
28	29 TP 3-4:30	30 Tm Hooperton 4pm				

May 2019

Track Practice at Armstrong

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			¹ TP 3-4:30	² TP 3-4:30	³	⁴ Sectional
⁵	⁶	⁷	⁸	⁹	¹⁰ State Track	¹¹ Meet
¹²	¹³	¹⁴	¹⁵	¹⁶	¹⁷	¹⁸
¹⁹	²⁰	²¹	²²	²³	²⁴	²⁵
²⁶	²⁷	²⁸	²⁹	³⁰	³¹	